

Chris Cougar  
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STUDENT-FOCUSED PHYSICAL EDUCATION TEACHER  
*Dedicated to Creating a Positive Learning Environment and Making a  
Difference in Students' Lives*

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### **PROFESSIONAL PROFILE**

Dedicated, resourceful, and innovative instructor who strives to help students change marginal grades into good grades, and supports colleagues and administration in facilitating each child's social and intellectual growth by creating an atmosphere of mutual respect and open communication. Exceptional communicator with students and parents, with a caring and diplomatic manner. Encourages socialization, sportsmanship, and team spirit; motivates students so physical fitness will be an enjoyable part of life.

### **CERTIFICATION**

Certified to teach Physical Education, grades K-12 in WA

### **EDUCATION**

Bachelor of Arts, Health and Fitness Education, May 2003  
Washington State University, Pullman, WA  
University Honors College, GPA: 3.3/4.0

Associate of Arts, June 2002  
Yakima Valley Community College, Yakima, WA

### **SKILLS AND ACCOMPLISHMENTS**

#### **Curriculum Development**

- Developed innovative curriculum to instruct individual students, small groups, and classes of 30+ students.
- Organized time, space, and resources to balance heavy workloads and stringent deadlines.
- Used unconventional methods and resources to educate students in grammar, spelling, and mathematics.
- Created comprehensive classroom social studies learning resource, encouraging students to take home, use and learn material. Commended by Principal on this "outstanding" learning tool.

#### **Educational Assessment**

- Spearheaded volunteer program to fulfill a need for students requiring additional assistance outside the classroom.
- Reviewed numerous classroom assessment methods and techniques. Adopted effective tools that were compliant with school board.
- Recognized the need for appropriate pacing and delay time to ensure all students understood.

#### **Student/Parent Relations**

- Cultivated parent involvement through consistent written and verbal communication, inviting classroom participation.
- Talent for capturing students' interest in learning by providing training, support, and guidance.
- Planned numerous extracurricular activities, including organizing tournaments, coordinating transportation, and chaperoning student on out-of-town trips.

#### **Classroom Presentation**

- Identified student's individualism and developed curriculum to accommodate different learning styles, maximizing student comprehension
- Established comfortable, student-focused, two-way communication that empowered students to enjoy the learning process.
- Maintained productive learning environment by stating classroom rules, holding students accountable for their actions, and implementing consistent and fair consequences.

#### **EXPERIENCE IN EDUCATION**

Substitute Teacher 2003-Present  
Pullman School District, Pullman, WA

Student teacher, Physical Education (grades 5-8) Jan-June 2003  
Valley School, Spokane, WA

#### **ADDITIONAL EXPERIENCE**

Administrative Assistant 1999-2002  
United School District, Yakima, WA

Marketing Associate 1994-1998  
Retail Hardware, Richland, WA

#### **COMMUNITY SERVICE & AWARDS**

Volleyball Coach, Mini League, Pullman, WA 2002-Present

Rotary Club, Yakima, WA 2000-2002

Make a Difference Community School, Yakima, WA 1999-2002

Outstanding Volunteer—drama, reading, and puppetry  
Reading Network, Richland, WA 1994-1998

Volunteer Award—tutoring reading and writing